CNIC FECA OFFICE Servicing commands and POCs list:

CNIC Enterprise-wide:

NRSW: Melissa Fossum

NRH: Melissa Fossum

NRSE: Maria Darragh

NRMA: Maria Darragh

NDW/NRNW/NRSE(Texas)/NRMA(Illinois)

and HQ:

Heidi / Debra / Brittany / James / Alexis

For the following commands, contact: Heidi / Debra / Brittany / James / Alexis

SSP Enterprise-wide BUMED Enterprise-wide CNO Enterprise-wide NAVWAR Enterprise-wide SPECWAR Enterprise-wide NAVSEA servicing to: HO **SUPSHIPS** NUWC Keyport NSWC Corona NSWC Crane NSWC Dahlgren NSWC Indian Head NSWC Panama City NSWC Philadelphia NSWC Port Hueneme NSWC West Bethesda OCONUS (includes FN)

> Melissa Fossum melissa.m.fossum.civ@us.navy.mil P (619) 705-5132, F (619) 705-6159

> Maria Darragh maria.h.darragh.civ@us.navy.mil P (215) 897-3343, F (619) 705-6159

Heidi Ly hien.n.ly.civ@us.navy.mil P (619) 705-5131, F (619) 705-6159

Debra Silva <u>debra.d.silva.civ@us.navy.mil</u> P (619) 705-5136, F (619) 705-6159

Brittany Hosmanek brittany.m.hosmanek.civ@us.navy.mil P (619) 705-5120, F (619) 705-6159

James Sebree james.r.sebree.civ@us.navy.mil P (619) 705-5134, F (619) 705-6159

Alexis Muhleman alexis.n.muhleman.civ@us.navy.mil P (619) 705-5138, F (619) 705-6159

Lisa Morgan lisa.g.morgan.civ@us.navy.mil P (562) 626-7220, F (562) 626-7244

Robin Dibble FECA Operations Director robin.s.dibble.civ@us.navy.mil P (619) 705-5139, F (619) 705-6159

OWCP Claims under the Federal Employees' Compensation Act (FECA)

Traumatic Injury (CA-1 form)

- A traumatic injury is identifiable by time and place of occurrence and member of the body affected; it must be caused by a specific event or series of events within a single day or work shift.
- Time limit for filing, an employee has up to three years to file a claim for traumatic injury. However, in order to be entitled to Continuation of Pay (COP), a Form CA-1 should be filed immediately with the supervisor or within 30 days from date of the injury.

Occupational Illness/Disease (CA-2 form)

- An occupational illness or disease is a condition that happens over a period of time, over more than one
 work shift. It is usually not identifiable by date, time or place, but just occurs in the performance of duty.
- Time limit for filing, an employee has up to three years to file a claim for Occupational Illness/Disease. A Form CA-2 should be filed as soon as possible with the supervisor or within 3 years.
- These types of claims take longer for DOL to adjudicate. Any benefit the employee is entitled to receive is provided after the claim is accepted by DOL. Therefore, employees should seek medical attention through their primary care doctor, or receive a referral to the Occupational Health Clinic, using their own health insurance. COP is not paid for these types of claims. The employee must use his or her own sick leave, annual leave, or leave without pay. Compensation will be payable after the claim is accepted by DOL. The first three days in a non-pay status are waiting days and no compensation is paid for these days unless the period of disability exceeds 14 calendar days or the employee has suffered a permanent disability.

How to File a Claim (see step by step instructions for your command)

It is recommended that you use the ECOMP system (Contact our office if you need help)

• Filing a CA1 or CA2 by electronic submission directly in DOL's ECOMP system:

Need to file a form? Register for an account or sign in to get started: https://www.ecomp.dol.gov/#/

Once you complete the claim form in DOL's ECOMP system, please notify your supervisor that you submitted a claim in ECOMP for their review. Your supervisor will receive an email with a link from ECOMP (noreply@ecomp.dol.gov) to access your claim and complete the supervisory portion of the claim form. Once completed by the supervisor, the CNIC FECA Office will receive an email to complete the agency review portion of the claim and complete the claim submission process to DOL. Our office will provide a claim# to the employee via email in about 1 day.

Submitting a hard copy/signed form is an option if you are unable to submit via the ECOMP system.

 Filing a CA1 or CA2 by hard copy submission: Download forms at link: https://www.dol.gov/owcp/dfec/regs/compliance/forms.htm

Do not delay filing a claim form. If you are unable to navigate through the DOL's ECOMP system to file a CA1 or CA2, you may still complete page 1 of the hard copy form, print/sign/date the form and immediately provide it to your supervisor for completion of page 2. Your supervisor can scan the hardcopy completed claim form and email the form (encrypted) directly to the CNIC FECA office (see POCs listing). Your claim form will be assigned to one of our injury compensation specialists in the office who will provide you guidance throughout the process. The claim form and any supporting documentation will be reviewed, and then submitted by our office to DOL in their ECOMP System. The claim# will be provided to the employee via email in about 1 day.

Training and guidance on the ECOMP system:

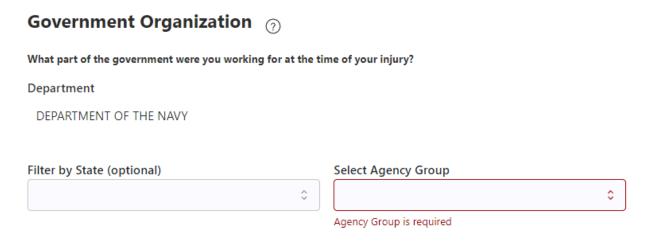
ECOMP website, https://www.ecomp.dol.gov/#/ click on HELP for additional information

Training and guidance on TWMS selfservice:

ECOMP for Employees, https://twms.dc3n.navy.mil/selfservice/login.asp TWMS-611904 ECOMP for Supervisors, https://twms.dc3n.navy.mil/selfservice/login.asp TWMS-611903



DOL's website to file a claim: https://www.ecomp.dol.gov/#/



Do not enter a claim by "Filter by State"

Begin entering a claim by "Select Agency Group", select your Command (This info is available on your SF50, block 47 Agency Code: NV__)



Next "Select Agency" and "Select Duty Station", follow instructions below (This is what ensures that the claim comes to our office for agency review):

Select Agency Group: Chief of Naval Operations – CNO NV11
Select Agency: CHIEF OF NAVAL OPERATIONS – ALL OTHERS
Select Duty Station: Select C/O CNIC FECA OFFICE, N133, 750 PACIFIC HIGHWAY SAN DIEGO CA 92132

Select Agency Group: Bureau of Medicine and Surgery – BUMED NV18
Select Agency: NAVAL MEDICAL COMMAND ALL
Select Duty Station: Select any duty station 750 Pacific Highway, San Diego, CA 92132

Select Agency Group: Naval Sea Systems Command – NAVSEA NV24

Select Agency: NAVAL SEA SYSTEMS COMMAND – ALL OTHERS

Select Duty Station: Select duty station NAVAL SURFACE WARFARE CENTER PORT HUENEME,
750 Pacific Highway, SAN DIEGO, CA 92132

Select Agency Group: Strategic Systems Program – SSP NV30

Select Agency: STRATEGIC SYSTEMS PROGRAMS – ALL OTHERS

Select Duty Station: C/O CNIC FECA OFFICE, N133, 750 PACIFIC HIGHWAY SAN DIEGO CA 92132

Select Agency Group: Space and Naval Warfare Systems Command – NAVWAR NV39

Select Agency: SPACE NAVAL WAR SYS CMD – ALL OTHERS

Select Duty Station: Select any duty station 750 Pacific Highway, San Diego, CA 92132

Select Agency Group: Commander Naval Installations – CNIC NV52

Select Agency: CNIC

Select Duty Station: Select any duty station 750 Pacific Highway, San Diego, CA 92132

Select Agency Group: Naval Special Warfare Command – SPECWAR NV74

Select Agency: NAVAL SPECIAL WARFARE COMMAND – ALL OTHERS

Select Duty Station: Select any duty station 750 Pacific Highway, San Diego, CA 92132

Our office also supports most Navy employees living and working OCONUS (Includes FN):

Select Agency Group: Office of Naval Research - ONR NV14

Select Agency: OFFICE OF NAVAL RESEARCH

Select Duty Station: C/O CNIC FECA OFFICE, N133, 750 PACIFIC HIGHWAY SAN DIEGO CA 92132

Select Agency Group: Naval Air Systems Command – NAVAIR NV19

Select Agency: NAVAL AIR SYSTEMS COMMAND - ALL OTHERS

Select Duty Station: C/O CNIC FECA OFFICE, N133, 750 PACIFIC HIGHWAY SAN DIEGO CA 92132

Select Agency Group: Bureau of Naval Personnel – BUPERS NV22

Select Agency: BUREAU OF NAVAL PERSONNEL - ALL OTHERS

Select Duty Station: C/O CNIC FECA OFFICE, N133, 750 PACIFIC HIGHWAY SAN DIEGO CA 92132

Select Agency Group: Naval Supply Systems Command – NAVSUP NV23

Select Agency: NAVAL SUPPLY SYSTEMS COMMAND – ALL OTHERS

Select Duty Station: Select any duty station 750 PACIFIC HIGHWAY SAN DIEGO CA 92132

Select Agency Group: Naval Facilities Engineering Command – NAVFAC NV25

Select Agency: NAVFAC APPROPRIATED FUND

Select Duty Station: C/O CNIC FECA OFFICE, N133, 750 PACIFIC HIGHWAY SAN DIEGO CA 92132

Select Agency Group: Military Sealift Command - MSC NV33

Select Agency: NAVY MILITARY SEALIFT CMD

Select Duty Station: C/O CNIC FECA OFFICE, N133, 750 PACIFIC HIGHWAY SAN DIEGO CA 92132

Select Agency Group: Fleet Forces Command – FFC NV60

Select Agency: FLEET FORCES COMMAND (6530)

Select Duty Station: C/O CNIC FECA OFFICE, N133, 750 PACIFIC HIGHWAY SAN DIEGO CA 92132

Select Agency Group: Commander US Pacific Fleet – PACFLT NV70

Select Agency: COMMANDER US PACIFIC FLEET – ALL OTHERS

Select Duty Station: C/O CNIC FECA OFFICE, N133, 750 PACIFIC HIGHWAY SAN DIEGO CA 92132

Select Agency Group: MPT&E - NV22/NV76

Select Agency: MPT&E OVERSEAS

Select Duty Station: C/O CNIC FECA OFFICE, N133, 750 PACIFIC HIGHWAY SAN DIEGO CA 92132